

Bromley My Time: FREE Weekly Activity Sessions at The Pavilion in Bromley exclusively for children and young people with SEND and their siblings

Myclub Junior sessions are back at the Pavilion! Please check out our website <https://www.mytimeactive.co.uk/myclubjunior> or see the information below.

WHATS ON

SOFT PLAY – a dedicated session for children under 11 years to explore the soft play centre at The Pavilion:

Weekly on Tuesdays, from Tuesday 18th January to Tuesday 29th March 2022
Time – 4.30pm to 5.30pm

TEEN CIRCUITS - for children and young people aged 11+ come and get active with our Fitness Professional in this group exercise session. Bring your parent / carer and let's get them active too.

Weekly on Tuesdays, from Tuesday 18th January to Tuesday 29th March 2022

Time – 4.30pm to 5.30pm

TEN PIN BOWLING- for children, young people and their families

Weekly on Tuesdays, from Tuesday 18th January to Tuesday 29th March 2022
Time – 5.30pm to 6.30pm

FAMILY SPLASH – a family friendly pool session, bring your costume, towel and we will provide the floats and toys. Please see our admissions policy for more information <https://www.mytimeactive.co.uk/our-admissions-policy>

3rd Friday of every month from 4.30pm to 5.30pm:

- 18th February
- 18th March

WHERE

The Pavilion,
Kentish Way,
Bromley,
BR1 3EF

Note: Carer goes free when attending with children/young person with a MyClub Junior membership.

Places are limited for each session so please make sure you book for your session on our Mytime Active App, the website or by calling our contact centre on **0208 323 1765** or emailing contactcentre@mytimeactive.co.uk

Bromley My Time – MyClub for young adults aged 18 years and upwards

The **MyClub** programme is for young people and adults aged 18 upwards.

Free until the end of March except for the bowling sessions for the adult groups which are offered at a subsidised rate.

Anyone registered for MyClub Juniors who is aged 18+ can attend the adult sessions as well we just need to ensure they are registered on our systems to attend.

Everyone is welcome to come along to enjoy the activity sessions in a safe environment with friends and peers. Please be aware the those needing support with personal care or one to one support are asked to be accompanied but their own carer would need to attend remain at the sessions.

Note: The Bromley My Time Leisure Centres are now cashless so any purchases or payments for refreshments or the bowling will need to be by card. If support with this is needed please get in touch with us as we have various options open to assist with this if clients are attending independently.

For more details including how to book your sessions contact fay.spencer@mytimeactive.co.uk to register for MyClub